



## **Eye Procedure Instructions**

**These instructions are a guide to help you understand and prepare for your upcoming surgery. These instructions may not answer all of your questions. Please feel free to contact us with any concerns you may have at (405) 631-3085 - Option 3**

### **The Day Before Surgery**

- You will be notified the business day before your surgery to confirm your arrival time, typically between 1pm-3pm.
- Do not drink alcohol or smoke 24 hours prior to your surgery.
- Remember to drink plenty of fluids the day before your surgery.
- Do not eat or drink anything including water, chewing gum or mints 8 hours prior to your scheduled surgery.

### **The Day of Surgery**

- Leave all jewelry and valuables at home.
- Bring a case for your glasses. If you wear contact lenses, leave those at home and wear your glasses instead.
- Wear loose and comfortable clothing.
- Bring an insurance card and photo ID.
- Legal guardians and Power of Attorney paperwork **MUST** be provided upon admission.
- Please bring a responsible adult 18 or over who can understand the postoperative instructions and drive you safely home. We recommend you have a responsible adult with you for 24 hours after surgery.
- If you become ill the morning of your procedure, please contact us or your physician's office as soon as possible to cancel.

### **Medications**

- If you take blood pressure, heart, seizure or asthma medicines please do so on the day of surgery at your usual schedule. Please bring with you any inhalers or insulin that you may need after surgery. Do not take your diabetic medicine prior to surgery. We will monitor your glucose level before and after surgery.

### **Visitors:**

- Visitors are allowed but may be restricted to 2 visitors at a time in patient care areas. Additional visitors may be asked to wait in the waiting room. Visitors who are children, must be accompanied by an adult.